

25th April 2021 Open 10 Mile TT

Date: 25th April 2021 **Registration opens:** 12:00
Time: 14:00 **Course:** H10/17r
Race Director: Andy Tucker
Time Keepers: Maggie Smith (North Hants Road Club)
Howard Waller (Oxford City Road Club)
Finish Spotter: Tim Davies
Marshalls: Gemma Davies, Lucy Cornes, Glen Knight, Winnie Mercer,
Danny Grey, Nicola Jupp, Lisa Boorman

First Aiders: Glen Knight

Location: The Village Hall
Draycott Road
Southmoor
OX13 5BY

Distance from HQ to start location: 2 miles

**IF YOU ARE NOT WELL OR ARE SHOWING SIGNS OF COVID-19 THEN PLEASE DO NOT
COME TO THIS EVENT.**

**NOTE: THIS IS NOT A PUBLIC DOCUMENT. YOU HAVE BEEN SENT THIS BECAUSE YOU
PRE-REGISTERED FOR AN EVENT. PLEASE DO NOT SHARE THIS DOCUMENT**

This event is run under CTT regulations which can be found here:
<https://www.cyclingtimetrials.org.uk/>

Prizes:

As a club we have decided not to award prizes but to donate to our chosen charity for this event of Parkinson's UK.

PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.

1. Event HQ

Due to current Government restrictions, the event HQ will be in the car park of the village hall listed above. Toilet facilities will be available but these should not be used for changing. It's a carpark to ensure we are not parking on the road and so we have an address to give you. You are asked to not urinate in the carpark or change in full view of any of the residents. We are very lucky to have this facility, so please do not give them reason to take it away. All future references to "HQ" in this document are referring to this facility.

DO NOT arrive too early or you will be asked to stay in your vehicle. There will be no gatherings permitted in the carpark, turbo trainers can be used directly in front or behind your vehicle. Riders not following guidelines or instructions from officials will not be permitted to race and will be reported to CTT.

2. Sign-On

Sign-on for events is currently very different to what we are used to. No hugging, no kissing and no exchanging of niceties. But there are some other restrictions in place. You will be expected to follow them.

We will ask you to respect the social distancing rules and **maintain 2m distance** between people in all directions at all times. This is to ensure that resumption of racing is successful and that any curtain twitchers have no material to send to the local gossip column/social media outlet/news outlet. We are all in this together so please **respect the volunteer team** and their decisions. Riders not adhering to the restrictions in place will not be permitted to race, will be reported to CTT and will be refused entry to future events.

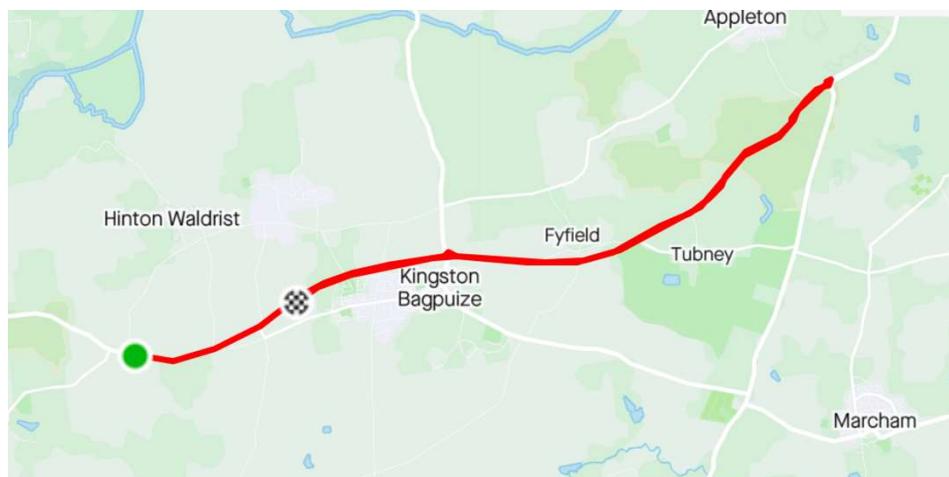
Your number will be placed on a table at the HQ, please check your number on the list below. **Your earliest arrival time is also listed here please do not arrive at HQ before this time.** The numbers are new, have never been used and the person putting them out will have taken necessary sanitizing steps before and after laying them out. **No safety pins will be provided, if you need them, you will need to bring your own.**

3. Course Detail

Start at the corner of the lane from Hinton Waldrist, about 5 yards south of the "Give Way" signs and in line with the north edge of a metal manhole cover in the centre of the lane. Bear left along the slip road to join the A420 eastbound. (Great care when joining A420 and give way to traffic from the right. Proceed eastwards along A420 onto the dual carriageway by-pass and continue to the roundabout with the A415, (Care of traffic crossing on A415) Take the second exit to continue straight on along A420 towards the next dual carriageway section in Tubney Wood.

On approaching the Tubney Wood roundabout with the A338 **look behind, signal and move into the outside lane (Care) to turn around the roundabout and take the third exit to return westwards on A420**. Continue to the Kingston Bagpuize by-pass and on to the roundabout with the A415 (Care of crossing traffic) and take the second exit to remain on the A420 Finish, still on the A420 dual carriageway by-pass, beside the first drain in the lay-by, 29 yards west of and beyond the large sign at the extreme eastern end for the crossroads to Charney Basset and Longworth, 70 yards east of the footpath steps in the middle of the lay-by and 537 yards short of the crossroads.

Strava Route: <https://www.strava.com/segments/7186031>



4. Race Protocol

Participants will be asked to maintain social distancing. **No gatherings in groups, turbo trainers can be used directly in front or behind your vehicle.** If you arrive early you will be permitted to ride on the roads to warm up or sit in your car. We will have 6 waiting spaces marked out plus the rider waiting to race at the start line, therefore **please only arrive at the start line a maximum of 6 minutes before your time listed in Appendix A.** You will not be permitted to wait if you arrive earlier.

Please do not bring friends or family members: they will not be permitted to leave their car. The only exception to this is minors who can be accompanied by a guardian from within their own household or "bubble". They are however not permitted to enter the start area.

Riders are not permitted to warm up on course, there are plenty of other roads where this is possible. Please be mindful of racers when arriving by bicycle.

The Time Keepers will be wearing face coverings and will be checking that riders a) have their number attached and, b) have a working rear light. **Either of these are missing and you will not be permitted to race.** There will be no "pusher offer" and you will have to do a standing start on your own. Rolling start will not be permitted.

Make it easy for the finish time keeper, when you cross the line, shout your number. **As loud as you can. Do not approach the finish time keeper at any point for any reason.**

Once you have finished your race you will be asked to return your number to a plastic box at the event HQ and then leave without congregating. We realise this is not the norm and the social aspect of racing is a big part of the fun, however, we need to show we are able to follow these guidelines if we are to see these types of events continue.

5. Tandems

Tandem riders are very welcome in our events. Stoker and Pilots must be from the same household or social bubble as defined by the government COVID-19 guidance.

6. Race Results

Race results will not be available at the event, please do not ask. However follow this link for live results <https://bit.ly/2RLY10c> . We will collate the results and post them online to the Newbury Velo website and our social media channels. We will then email the participants using the address supplied at pre-registration. Riders having pre-registered that do not race will be given a DNS on the results sheet. Repeat offenders will not be given a race number in future events.

7. Refreshments

To ensure we comply with the government regulations, the CTT guidance and risk assessment, as well as socially acceptable practice, there will be individually wrapped cakes.

8. Under 18s

Under CTT regulations no rider under the age of 12 on the day of the event is permitted to race on the open road. Newbury Velo is very happy to welcome all riders aged 12 and above.

Those under 18 will require a parental consent form. Please print off the parental consent form attached, complete it and bring this with you on the day of the event. There will be **no pens and no forms at HQ** so unfortunately no completed form means no ride.

Only parents or over 18s from the same household or "bubble" will be permitted to chaperone an under 18 rider during the event. You will be asked to wait in front of the start area for the rider to pass you before proceeding

9. Start List

Appendix A is the rider list with the number assigned to you. This is the number that must be collected from the HQ upon arrival. Please do not swap numbers: your emergency contact details are assigned to this number, we really don't want to be phoning the wrong person in case of an emergency. If you are unable to attend, DO NOT swap your name with someone else. Riders found doing this will not be permitted to race, will be reported to the CTT and will not be accepted in future events.

10. Vehicles on course

Time trialling under CTT regulations is unsupported. Riders must not be followed, for any reason whilst on course. Any rider suspected of this will be disqualified and reported to the CTT. This practice and so called layby hopping is dangerous for other participants and a nuisance to traffic and will not be permitted under any circumstances.

11. Summary

In these unusual circumstances we find ourselves having to change the way we run events. The team has put a lot of work into making sure we are able to follow the government guidelines, the CTT guidance and make sure that the risk to you, us and the general public of transmitting or catching COVID-19 are kept to an absolute minimum.

These restrictions are not here to make life difficult for you or the volunteer team, they are here for the above reasons but also to ensure that we are allowed to run these events.

Let's not screw it up. **Thank you for your support**

APPENDIX A - Start List

Start Time	Bib Number	First	Last	Club	Gender	Cat	Earliest time to start area
14:01	1	Norman	Harvey	Sotonia CC	Male	Veteran	13:55
		Mary	Corbett	Sotonia CC	Female	Veteran	
14:03	3	Ian	Greenstreet	Newbury Velo	Male	Veteran	13:57
		Rachael	Elliott	Newbury Velo	Female	Veteran	
14:05	5	Nick	Lees	Newbury Velo	Male	Veteran	13:59
14:06	6	Hannah	Makins	Mickey Cranks Cycling Club	Female	Veteran	14:00
14:07	7	Jan	Farmer	Serpentine Running Club	Female	Veteran	14:01
14:08	8	Wayne	Baker	Team Echelon	Male	Veteran	14:02
14:09	9	Richard	Burley	Vector Cycling Race Team	Male	Senior	14:03
14:10	10	Rosslyn	Young	Serpentine Running Club	Female	Veteran	14:04
14:11	11	Brian	Lewis	Bicester Millennium CC	Male	Veteran	14:05
14:12	12	Bob	Brabbins	VTTA West Group	Male	Veteran	14:06
14:13	13	Eloise	Singham	Team Surrey Cycling	Female	Senior	14:07
14:14	14	Barry	Duplock	Vector Cycling Race Team	Male	Veteran	14:08
14:15	15	Rachel	Green	Cheltenham & County Cycling Club	Female	Veteran	14:09
14:16	16	Robert	Jolliffe	New Forest CC	Male	Veteran	14:10
14:17	17	William	Ackers	Innovation Racing	Male	Veteran	14:11
14:18	18	Michael	Gillett	Banbury Star Cyclists' Club	Male	Senior	14:12
14:19	19	Nicholas	Lowe	Team Swindon Cycles	Male	Veteran	14:13
14:20	20	Paul	Radford	Tri Training Harder	Male	Senior	14:14
14:21	21	Cameron	Leslie	Royal Air Force Cycling Association	Male	Senior	14:15
14:22	22	Gillian	Reynolds	Willesden CC	Female	Veteran	14:16
14:23	23	Samantha	Messenger	Bicester Millennium CC	Female	Veteran	14:17
14:24	24	Jayne	Paine	Les Filles Racing Team	Female	Veteran	14:18
14:25	25	David	Yates	High Wycombe CC	Male	Veteran	14:19
14:26	26	Lee	Beckford	Reading CC	Male	Senior	14:20

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14:27	27	Peter	Iffland	Northumbria Police C.C.	Male	Veteran	14:21
14:28	28	Mike	Askins	Chiswick Cycling Club	Male	Senior	14:22
14:29	29	Teresa	Robbins	Reading CC	Female	Veteran	14:23
14:30	30	Mark	Smith	Swindon Road Club	Male	Senior	14:24
14:31	31	Paul	James	VTTA West Group	Male	Veteran	14:25
14:32	32	William	Morgan	trainSharp Development Team	Male	Junior	14:26
14:33	33	Stephen	Parfitt	Oxonian CC	Male	Veteran	14:27
14:34	34	Christian	Norris	Mercedes AMG Petronas CC	Male	Senior	14:28
14:35	35	Joy	Payne	High Wycombe CC	Female	Veteran	14:29
14:36	36	James	Ellis	London Dynamo	Male	Veteran	14:30
14:37	37	Sebastian	Harrison	Islington Cycling Club	Male	Senior	14:31
14:38	38	Toby	Brown	trainSharp Development Team	Male	Junior	14:32
14:39	39	Jen	Magill	Reading CC	Female	Veteran	14:33
14:40	40	John	French	Oxford City RC	Male	Veteran	14:34
14:41	41	Vinh	Lam	Serpentine Running Club	Male	Veteran	14:35
14:42	42	Mark	Boyles	Banbury Star Cyclists' Club	Male	Veteran	14:36
14:43	43	Gavin	Mitchell	Twickenham CC	Male	Senior	14:37
14:44	44	John	Bourton	Bicester Millennium CC	Male	Veteran	14:38
14:45	45	Mike	Boyce	...a3crg	Male	Veteran	14:39
14:46	46	Suzy	Patience	Banbury Star Cyclists' Club	Female	Senior	14:40
14:47	47	Graham	Morrison	Newbury RC	Male	Veteran	14:41
14:48	48	Philip	Skinner	Welwyn Whs	Male	Veteran	14:42
14:49	49	Graham	Stent	Newbury Velo	Male	Veteran	14:43
14:50	50	Ollie	Pennington	1st Chard Wheelers	Male	Senior	14:44
14:51	51	Thomas	Epton	Southampton University Road Cycling Club	Male	Senior	14:45
14:52	52	Robert	Snook	Bikestrong-KTM	Male	Senior	14:46
14:53	53	Richard	Cornes	Newbury Velo	Male	Senior	14:47
14:54	54	Richard	Berry	Twickenham CC	Male	Veteran	14:48
14:55	55	Oscar	Palmer	Team Surrey Cycling	Male	Senior	14:49
14:56	56	George	Westall	Newbury Velo	Male	Senior	14:50
14:57	57	Tim	Lewis	Ful-on Tri	Male	Veteran	14:51
14:58	58	Oliver	Ashley	Vector Cycling Race Team	Male	Senior	14:52

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14:59	59	Matt	Norris	Banbury Star Cyclists' Club	Male	Veteran	14:53
15:00	60	Danielle	Shrosbree	Team LDN	Female	Senior	14:54
15:01	61	Jo	Buckland	FTP (Fulfil The Potential) Racing	Female	Veteran	14:55
15:02	62	Freddie	Loveday	Team Surrey Cycling	Male	Senior	14:56
15:03	63	Stu	Carver	North Hampshire RC	Male	Veteran	14:57
15:04	64	Nicholas	Buck	Team Surrey Cycling	Male	Senior	14:58
15:05	65	Max	Ashwanden	TBW23 Stuart Hall Cycling P/b Trainsharp	Male	Espoir	14:59
15:06	66	Andrew	Payne	Maidenhead & District CC	Male	Veteran	15:00
15:07	67	Joshua	Knowles	Will Houghton Racing Team (WHRT)	Male	Espoir	15:01
15:08	68	Jack	Roe	London Dynamo	Male	Senior	15:02
15:09	69	Jon	Stroud	NFTO CC	Male	Veteran	15:03
15:10	70	Neil	White	Ambion Racing Team	Male	Veteran	15:04
15:11	71	Kirsty	McSeveney	...a3crg	Female	Veteran	15:05
15:12	72	Alan	Allcock	Didcot Phoenix CC	Male	Veteran	15:06
15:13	73	Tom	Burnley	Thames Velo	Male	Senior	15:07
15:14	74	Dave	May	Bicester Millennium CC	Male	Veteran	15:08
15:15	75	Hans	Nilsson	London Phoenix CC	Male	Veteran	15:09
15:16	76	Melanie	Sneddon	TORQ Performance	Female	Veteran	15:10
15:17	77	Christopher	Davis	Giant CC Halo Films	Male	Veteran	15:11
15:18	78	James	Foster	High Wycombe CC	Male	Veteran	15:12
15:19	79	James	Schofield	Cowley Road Condors CC	Male	Senior	15:13
15:20	80	Ian	Hope	Team Solo Vinci	Male	Veteran	15:14
15:21	81	Stan	Nwaka	Verulam CC	Male	Veteran	15:15
15:22	82	Bob	Richardson	Bournemouth Jubilee Whs	Male	Veteran	15:16
15:23	83	Adrian	Talley	Portsmouth North End CC	Male	Veteran	15:17
15:24	84	Alexander	Donger	Oxonian CC	Male	Senior	15:18
15:25	85	Jason	Davies	Royal Air Force Cycling Association	Male	Veteran	15:19
15:26	86	Steve	Bray	FTP (Fulfil The Potential) Racing	Male	Veteran	15:20
15:27	87	George	Skinner	Primera-Teamjobs	Male	Senior	15:21
15:28	88	William	Grainger	Andover Wheelers	Male	Veteran	15:22
15:29	89	Tony	Ball	Legato Racing Team (LRT)	Male	Veteran	15:23
15:30	90	Mark	Tyrrell	Oxonian CC	Male	Veteran	15:24

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15:31	91	Jeremy	Redford	Army Cycling	Male	Veteran	15:25
15:32	92	Rob	Vessey	Didcot Phoenix CC	Male	Veteran	15:26
15:33	93	Sam	Harding	Hub Velo	Male	Senior	15:27
15:34	94	Paul	Hayward	Pontypool Road Cycling Club	Male	Veteran	15:28
15:35	95	Harvey	Weinberger	AS Test Team	Male	Espoir	15:29
15:36	96	Michael	Bennett	Bicester Millennium CC	Male	Veteran	15:30
15:37	97	Mark	Woolford	Team Swindon Cycles	Male	Veteran	15:31
15:38	98	Ben	Houston	East Grinstead CC	Male	Veteran	15:32
15:39	99	Alfie	Salmon	Lee Valley Youth CC	Male	Junior	15:33
15:40	100	Luke	Norris	Banbury Star Cyclists' Club	Male	Senior	15:34
15:41	101	Joel	Ackers	Loughborough Students Cycling Club	Male	Espoir	15:35
15:42	102	Matt	Fisher	Newbury Velo	Male	Veteran	15:36
15:43	103	Graham	Winstone	ZeroBC Race Team	Male	Veteran	15:37
15:44	104	Matt	Hill	Velo Club Godalming & Haslemere	Male	Veteran	15:38
15:45	105	Jake	Sargent	FTP (Fulfil The Potential) Racing	Male	Espoir	15:39
15:46	106	Adam	Charleston	High Wycombe CC	Male	Espoir	15:40
15:47	107	Dave	Bell	Cambridge CC	Male	Senior	15:41
15:48	108	Mark	Newton	Elite Cycling	Male	Veteran	15:42
15:49	109	Neil	Mackley	...a3crg	Male	Veteran	15:43
15:50	110	Colin	McDermott	Festival Road Club	Male	Veteran	15:44
15:51	111	Rad	Hart-George	Mickey Cranks Cycling Club	Male	Senior	15:45
15:52	112	Richard	Harrison	DRAG2ZERO	Male	Veteran	15:46
15:53	113	James	Fawcett	...a3crg	Male	Veteran	15:47
15:54	114	Arthur	Franklin	FTP (Fulfil The Potential) Racing	Male	Senior	15:48
15:55	115	Chris	Boddy	AeroCoach	Male	Senior	15:49